International Day for Rural Women

community WORLD service ASIA
peace
resilience
dignity



Empowered women, Strong Communities





Meet Gudi,

whose efforts are creating positive change for her family and community.In Mangal Bheel, Umerkot, Gudi developed a kitchen garden through our Agriculture, Gender and Livelihood (AGL) Project, growing fresh vegetables to improve household nutrition, reduce food expenses and create opportunities for additional income.





By applying improved agricultural practices and sharing the benefits of sustainable food production, Gudi's journey reflects how empowering one woman can contribute to stronger, more food-secure and resilient communities.



Meet Sampa,

an active focal person and member of CWSA, whose dedication to skill development and community empowerment has transformed the lives of women in Dola Ram, District Mirpur Khas, Sindh.

Sampa is renowned for her training in mud stove construction and have constructed an impressive total of 60,000 mud stoves to date.





Her skills have taken her across the globe to places like London, Bangladesh, Italy, and Africa, where she has conducted workshops on creating mud stoves. Upon returning to her village, she shares this knowledge with local women.



Meet Lachmi,

a community health worker creating positive change in village Faqeer Abdullah Lachmi, Sindh. Currently working with CWSA, she received valuable training to improve the health and well-being of her community. Her efforts are raising awareness about preventive healthcare, encouraging timely medical consultations and helping families understand the importance of seeking professional help.





Using the knowledge and skills she gained, Lachmi conducts awareness sessions for village women on health and hygiene, promotes the importance of family planning, and encourages pregnant women to seek timely medical care.